

Run Away!

1 Corinthians 6:18-20

Guard Rails – A standard of behavior that becomes a matter of conscience that would keep you a few feet or yards away from danger.

Passage:

¹⁸Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. ¹⁹Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰you were bought at a price. Therefore honour God with your body. (NIV)

Discussion:

What areas of life is this passage talking about? _____

What activities could be included in “sexual immorality”? _____

We want our wives and children to flee, but do we live it ourselves?

“Our culture baits us to the edge of moral disaster, but then chastises us when we step over.” - Andy Stanley

“Every time we turn on the TV, walk through the mall, flip through a magazine, [and surf the internet], we are being baited in the direction of immorality.”

“All of us entertain ourselves with affairs.” “When was the last time you saw a ‘love scene’ between married people?”

The result of having guard rails is that we can bump against them, we can feel guilty, but yet still have avoided disaster.

(One quick caution about guard rails: They are not sin. Don’t look down on others if they don’t keep your standards. Remember the Pharisees.”

Recommended Guard Rails for Married People:

Never travel alone with members of the opposite sex.

Never eat alone with members of the opposite sex. (Call spouse in an emergency.) (AS says that every single affair except one he was familiar with began this way.)

Don’t hire cute members of the opposite sex because you want to help them. (Don’t deceive yourself.)

Don’t confide in or counsel with members of the opposite sex. (Emotional intimacy is a first step to sexual intimacy.)

When you feel your heart of desire drifting toward someone, tell someone.

Tell your spouse where your guard rails are.

Conclusion:

Create guard rails. Live by them.